



CANADIAN MENTAL HEALTH ASSOCIATION
ASSOCIATION CANADIENNE POUR LA SANTE MENTALE
WINDSOR-ESSEX COUNTY BRANCH

2009 Member Events

☐ **Wednesday, April 15, 2009**
6:30-8pm

A Gardening Seminar at CMHA with
Master Gardener, Joan Jolin

Topic: Container Gardening



☐ **Tuesday, August 18, 2009**

Back by popular demand!

CMHA Spa Day at Refresh Day Spa



2407 Dougall Ave

☐ **Wednesday, November 4, 2009**
6-7:30pm

Holiday Decorating Workshop at CMHA with
Esther Reaume



Please check the events you are planning to attend and mail with your membership fees to CMHA-WECB Advancement Department.



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WINDSOR-ESSEX COUNTY BRANCH

2009 Member Events

Name: _____

Address: _____

Phone: _____

Best time for Spa Appt: _____

For further info, please call 519.255.9940 x225 or visit cmha-wecb.on.ca.