



CANADIAN MENTAL HEALTH ASSOCIATION
ASSOCIATION CANADIENNE POUR LA SANTE MENTALE
WINDSOR-ESSEX COUNTY BRANCH

FOR IMMEDIATE RELEASE
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Hope is the focus of upcoming vigil

WINDSOR – Remembering loved ones lost is the focus of an annual vigil held by the Canadian Mental Health Association Windsor-Essex County Branch (CMHA-WECB).

Community members that have been touched by suicide are invited to attend a special candlelight vigil next week.

It is the Canadian Mental Health Association Windsor-Essex County Branch's (CMHA-WECB) annual candlelight vigil for those bereaved by suicide.

"We come together each year to honor the lives that have been lost and to offer support to the friends and family members that have experienced this loss," says bereavement specialist with CMHA-WECB, Christine MacMillan.

The vigil is an extension of the agency's suicide bereavement support group. MacMillan says the group offers a safe and nurturing place for those bereaved to deal with their incredible losses.

The service will include the reading of the name of each person who lost their life to suicide, lighting of candles to honor them and a keynote speaker who will share the story of their grief journey.

The vigil will take place on Tuesday, May 6th at 7 p.m. at the Gethsemane Lutheran Church at 1921 Cabana Road West in South Windsor.

The CMHA-WECB has a vision of "mentally healthy people in a healthy society". The adult bereavement group is part of the agency's prevention services. This program is partially funded by United Way dollars and by community fundraising. Other prevention programs of CMHA-WECB include Grief Works, a program for children dealing with loss and public education.

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For more information about the upcoming vigil, please contact:
Christine MacMillan at 519.255.1749 or
Patti Lauzon at 519.255.9440 ext. 224.

www.cmha-wecb.on.ca

"Mentally healthy people in a healthy society."