



CANADIAN MENTAL HEALTH ASSOCIATION
WINDSOR-ESSEX COUNTY BRANCH

L'ASSOCIATION CANADIENNE POUR LA SANTE MENTALE



FOR IMMEDIATE RELEASE
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Community health centre opens newly-renovated space

WINDSOR – A local community health centre has just gone through an extreme makeover.

The City Centre Health Care (CCHC) celebrated the opening of its newly-renovated space on Friday with an official ceremony where provincial dignitaries, community members and clients talked about the benefits of the health care facility.

“We are so proud to have this new space and to be able to offer an integrated approach to primary care and mental health services,” says Canadian Mental Health Association Windsor-Essex County Branch (CMHA-WECB) Chief Executive Officer, Pam Hines. “The new space really offers a warm, friendly environment for our consumers.”

The CCHC serves clients without a family doctor who live in the area bounded by Crawford Ave., Tecumseh Rd., Central Ave. and Riverside Dr. The clinic also provides service for adults without a family doctor with a diagnosis of serious mental illness living anywhere in Windsor and Essex County. Last year, it served just over 3,600 clients.

The CCHC is a satellite operated by CMHA-WECB and sponsored by the local Teen Health Centre. It has been in operation for the past three years.

“It was really a dream of mine to combine primary care with mental health. This integration is so important and it has been a great success,” says Hines.

Hines pointed to the reduction in emergency room visits for CCHC clients and the ability to provide holistic health care as two of the positive outcomes of the clinic. The CCHC offers a multi-disciplinary approach to health care and employs family physicians, nurse practitioners, psychologists, psychiatrists, therapists, a dietitian and a health promoter.

The new space was funded by the Ministry of Health and Long Term Care. The renovation amounted to approximately \$1.1 million.

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